

"I DON'T KNOW HOW PEOPLE CAN GET SO ANTI-SOMETHING. MIND YOUR OWN BUSINESS, TAKE CARE OF YOUR AFFAIRS, AND DON'T WORRY ABOUT OTHER PEOPLE SO MUCH."

Betty White



A photograph of Cher performing on stage. She is wearing a black, sequined, long-sleeved dress with cutouts and has her signature voluminous, curly dark hair. She is holding a microphone and looking slightly to the side. The background is a blue, textured wall with a pattern of small, glowing dots.

**“WE’RE HELD
TO A DIFFERENT
STANDARD THAN MEN.
SOME GUY SAID TO ME:
‘DON’T YOU THINK
YOU’RE TOO OLD
TO SING ROCK N’ ROLL?’
I SAID: ‘YOU’D BETTER
CHECK WITH MICK JAGGER.’”**

Cher





When asked what surprised him most about humanity the Dalai Lama answered...

“Man sacrifices his health in order to make money. Then he sacrifices money to recuperate his health. And then he is so anxious about the future that he does not enjoy the present; the result being that he does not live in the present or the future; he lives as if he is never going to die, and then dies having never really lived.”

**"WHY DO THEY SAY WE'RE OVER THE HILL?
I DON'T EVEN KNOW WHAT THAT MEANS
AND WHY IT'S A BAD THING. WHEN I
GO HIKING AND I GET OVER THE HILL,
THAT MEANS I'M PAST THE HARD PART AND
THERE'S A SNACK IN MY FUTURE."**



**CHIN UP.
WE'VE GOT THIS.**



FOREVER FRIENDS.



**"I'VE BEEN ABSOLUTELY TERRIFIED
EVERY MINUTE OF MY LIFE -- AND
I'VE NEVER LET IT KEEP ME FROM
DOING A SINGLE THING I WANTED
TO DO."**

Georgia O'Keefe, 99



**HAPPINESS IS NOT
HAVING WHAT YOU WANT.**



**IT IS APPRECIATING
WHAT YOU HAVE.**



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THE HEART
HAS NO
WRINKLES



**I'M NOT OLD.
I'VE JUST BEEN YOUNG FOR
A VERY LONG TIME.**



THE OLDER YOU GET, THE
SEXIER IT IS WHEN SOMEONE
CAN CARRY ON AN
INTELLIGENT
CONVERSATION.



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JUDGING A PERSON
DOES NOT DEFINE
WHO THEY ARE
IT DEFINES
WHO YOU ARE.



**KINDNESS IS NOT AN ACT.
IT'S A LIFESTYLE.**

Anthony Douglas Williams



MY GOAL WAS TO LOSE
10 POUNDS THIS YEAR.

ONLY 15 TO GO.



A black and white photograph of Lucille Ball, an elderly woman with short, curly, light-colored hair, looking slightly to her right with a neutral expression. She is wearing a dark, patterned, high-collared top. To her right, a younger woman with dark hair pulled back is smiling warmly at her. The background is a blurred crowd of people, suggesting a public event or a busy street scene.

"I'D RATHER REGRET THE THINGS
I'VE DONE THAN REGRET THE THINGS
I HAVEN'T DONE"

Lucille Ball



SOMETIMES I OPEN MY MOUTH...

...AND MY MOTHER COMES OUT.



IT TAKES
A LONG
TIME TO
MAKE AN
OLD
FRIEND.



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Photo Source:
[Flickr/Elana3](https://www.flickr.com/photos/elana3/)

THERE IS NO AGE LIMIT ON COOL.

Picard.

Spock.

Gandalf.



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Photo: Twitter -- Leonard Nemoy

THERE IS NO SUCH THING
AS 'AGE APPROPRIATE'
WHEN IT COMES TO PLAY.

AT EVERY AGE
PLAY IS NOT A LUXURY;
IT'S A NECESSITY.





**"TO SUCCEED IN LIFE, YOU NEED THREE THINGS:
A BACKBONE, A WISHBONE, AND A FUNNY BONE."**

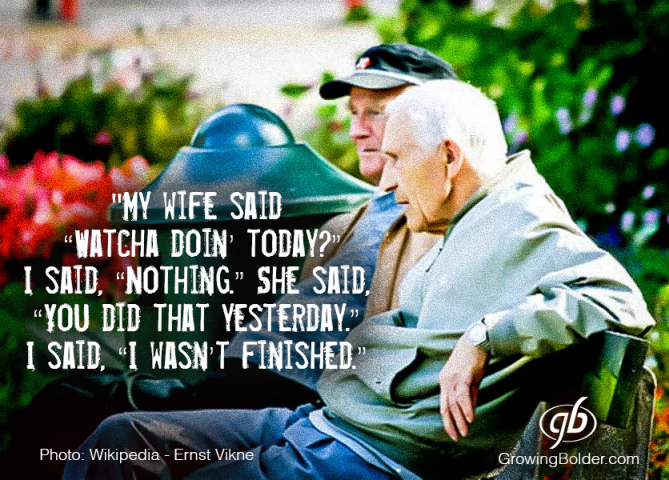
Reba McEntire

NOTHING IS MORE BEAUTIFUL
THAN A SMILE THAT
HAS STRUGGLED
THROUGH YEARS
AND TEARS.



KEEP SMILING.

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"MY WIFE SAID
"WATCHA DOIN' TODAY?"
I SAID, "NOTHING." SHE SAID,
"YOU DID THAT YESTERDAY."
I SAID, "I WASN'T FINISHED."

Photo: Wikipedia - Ernst Vikne



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**WHAT DO I WANT?
IT'S PRETTY SIMPLE.**

**TO HAVE A FEW GOOD FRIENDS.
TO BE AROUND GREAT ENERGY.
TO GO ON A FEW ADVENTURES.
TO PERFORM GOOD DEEDS,
LEARN NEW THINGS AND
CONTINUE TO GROW.**



“THERE COMES A DAY WHEN
YOU REALIZE TURNING THE PAGE
IS THE BEST FEELING IN THE WORLD,
BECAUSE YOU REALIZE THERE IS
SO MUCH MORE TO THE BOOK
THAN THE PAGE YOU WERE
STUCK ON.”

Zayn Malik

